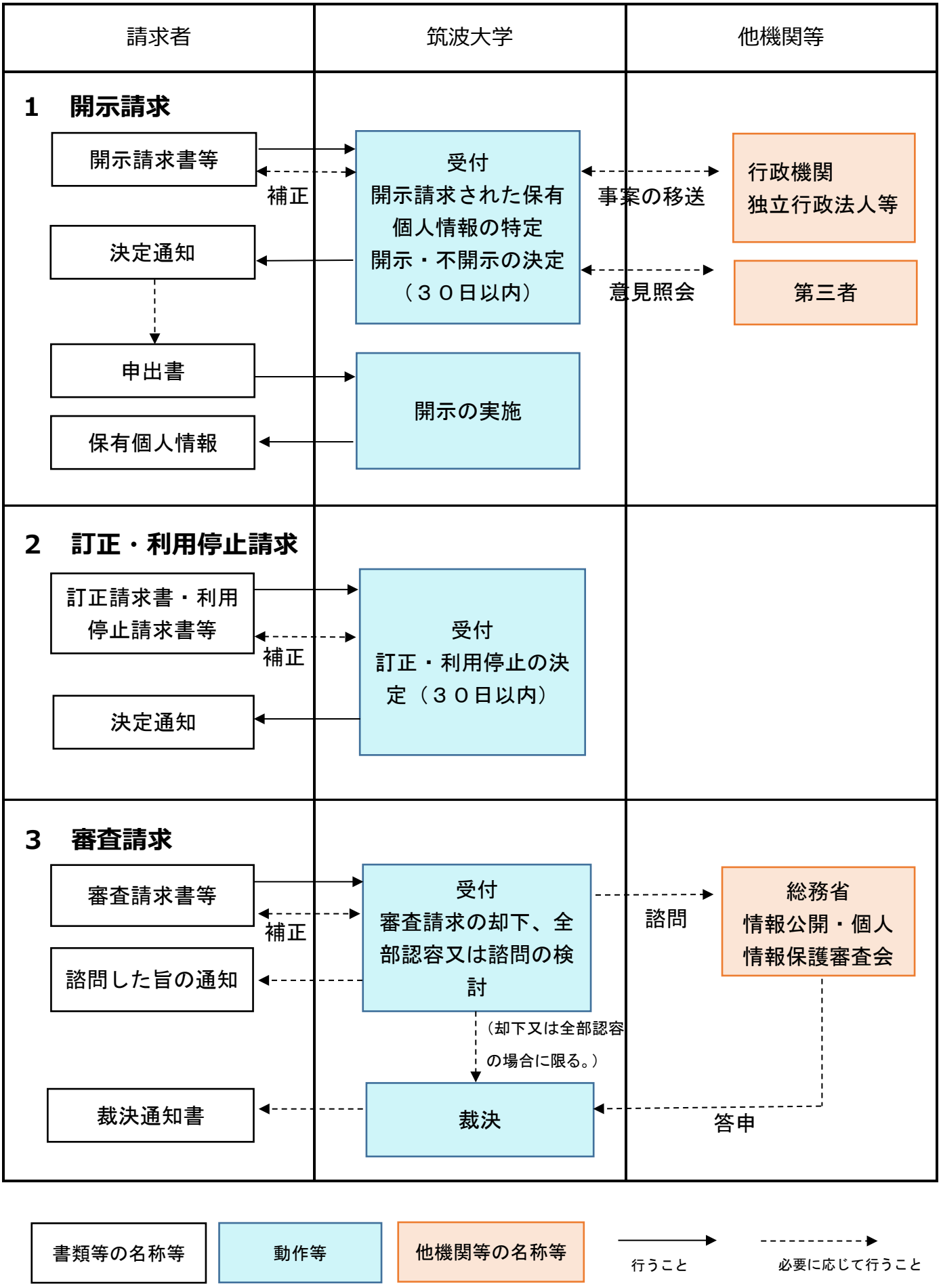保有個人情報の開示請求等のフロー